

## Office Appointments

Digestive Health Associates of SW MI, PC  
DBA/Gastroenterology of Southwest MI  
3304 Cooley Court  
269-349-2266 or online at [www.gsm-kec.com](http://www.gsm-kec.com)

## Procedure Appointments

Kalamazoo Endo Center  
3300 Cooley Court  
Portage, MI 49024

ROBERT D. BROUWER, M.D.  
HEIDI S. GJERSOE, M.D.

WILLIAM F. HANAVAN, M.D.  
WILLIAM W. WEBB, PhD., M.D.

THOMAS P. GUSHURST, M.D.  
KIM T. NGUYEN M.D.

## EGD prep Instructions

**NAME:** «Pt\_Full\_Name»

**DATE:** «Appt\_Date»

**ARRIVAL TIME:** \_\_\_\_\_ for registration and admitting,  
procedure to follow.

### **PROCEDURE: EGD (Esophagogastroduodenoscopy)**

Your appointment is with «Appt\_Prov\_Full\_Name» at the **Kalamazoo Endo Center 3300 Cooley Ct.** The arrival time and date appear above.

Please register at the **KEC** registration desk at your arrival time at 3300 Cooley Court.

**Be sure to bring your Photo ID & Insurance cards. You will be asked for them when you check in. \*\*Bring a list of your medications with you\*\***

If you must cancel your appointment, or have any questions regarding your prep, please call the scheduling office at **(269) 349-2266** during normal hours of 8:00 a.m. to 5:00 p.m.

### **YOU MUST BE ACCOMPANIED BY A RESPONSIBLE ADULT TO DRIVE YOU HOME UPON DISCHARGE.**

- Please stop eating all indigestible foods such as corn, seeds and popcorn at least **5 days prior** to your procedure.
- Have no solid foods or dairy after midnight the night before your procedure.
- You may have clear liquids up until \_\_\_\_\_ the day of your procedure.

Because of the sedation you will receive for the procedure, you will need to avoid driving, drinking alcoholic beverages, operating power machinery, using sharp instruments, and making critical decisions.

THE LIQUIDS LISTED BELOW ARE ALLOWED DURING THE PREPARATION.

Consume nothing with red dye

Coffee- NO CREAM	White cranberry juice	Jell-O (no red dye)	7-UP	Bouillon
Tea	Apple Juice	Popsicles (no red dye)	Ginger Ale	Clear Broth
Gatorade	Orange Juice, no pulp	Tang	Hi-C	
	White grape juice	Cola products		

Please bring a list of present medications and drug allergies. Please call the office if you have an allergy to latex products so precautions can be taken.

MEDICATIONS

- 1) INSULIN Reduce the A.M. dosage by 1/2 on the morning of the procedure.
- 2) COUMADIN Or other anticoagulants. **STOP** five (5) days prior to procedure.
- 3) PLAVIX OR PLETAL **STOP** seven (7) days prior to procedure.
- 4) ANTI-INFLAMMATORY DRUGS **DO NOT** take day of procedure.
- 5) IRON SUPPLEMENT **STOP** five (5) days before the procedure.
- 6) ORAL DIABETIC MEDICATION **Take 1/2 the night before the procedure, and none the morning of the procedure.**

***\*\*All other medications may be taken as directed\*\****

***\*\*Special billing notification\*\****

**Concerning multiple billings in conjunction with your procedure.**

**Please take note: When an outpatient procedure is performed at a facility you will receive billings from the facility AND the physician. ALSO, if pathology is done you will also receive billings from Bronson or Borgess for handling the specimen AND from the pathologist for processing and reading.**

**KNOW YOUR INSURANCE**

Some insurance's require pre-certification for inpatient and outpatient procedures. The procedure you are scheduled for is an outpatient procedure. Please check with you insurance carrier to determine if you need pre-certification. If you do not obtain pre-certification and your insurance requires it, the cost of this medical procedure may become your financial responsibility.

Thank you